



A MEMORABLE LEAVERS' PARTY p.4



National Mathematics Contest
Kenleigh Madeline Alowo(the best candidate) poses for a photo with the Headmistress. p.6

St. Agnes Voice

Term II Issue 10 June - August 2026 | ST. AGNES GIRLS BOARDING P/S

St. Agnes Officially Launches a New Play Centre p.11

ANNUAL MISSIONARY CHILDHOOD SOCIETY CELEBRATION

The St. Agnes Missionary Childhood Society members expressed joy at taking part in the celebrations and extended their sincere appreciation to the Headmistress, Rev. Sr. Rose Basemera, for her continuous support in making the event very successful on Sunday, 12th July 2026, at St. Joseph's Gardens -Naggalama Parish.. *Continued on page 5*

From Zonal Winners to District Champions

St. Agnes Catholic Girls' Boarding Primary School -Naggalama (St. Agnes CGBPS) Music Dance and Drama (MDD) team once again demonstrated their outstanding talents and determination by emerging the overall best school at the district-level Secular Music Competition held on Friday, 7th August 2026, at Kisowera C/U Primary School. *Continued on page 2*



Pupils performing 'KIGANDA' dance, one of the traditional pieces.

FROM ZONAL WINNERS TO DISTRICT CHAMPIONS; The St. Agnes MDD Team aim at the Highest.

By Esther Hope Mukisa

Before the event began, the St. Agnes CGBPS participants were seen smartly dressed in their common functional (navy-blue) uniform, which they mainly wear during the major school celebrations and educational tours. They were being addressed by Ms. Nakato Prossy, the teacher in charge of MDD at St. Agnes CGBPS on how to conduct themselves at the venue of the competitions.

This tight competition which began at around 9:00 a.m. brought together several schools that had gone through at their zonal-levels to showcase their talents in the MDD. The St. Agnes MDD team participated in all the items, starting with the Set-Piece.

This competition is aimed at identifying, nurturing and promoting pupils' natural talents in MDD while providing them with an opportunity to build confidence, creativity, discipline and teamwork. Having emerged the best at the Zonal-Level, the St. Agnes CGBPS MDD team this time went to the district-level competitions, well determined to maintain their winning performances. Among the schools St. Agnes CGBPS competed with at this level were; CLOSE THE GAP P/S, NAMATABA P/S, ST. ELIZABETH P/S, BUNTABA P/S and LWANYONYI P/S.

The performances were carefully assessed by a panel of adjudicators including; Mr. Mugwe Fred, Mr. Kiyangi Peter, Ms. Nabirye Harriet and Ms. Nalumu Margaret. As the result were being



Instructor gives Instructions to the instrumentalists.



Ms Nakato Prossy gives final instructions to the MDD team.

announced, tension filled the hall as each school waited to hear their points attained and positions. When the final results were read, St. Agnes CGBPS MDD team was declared the winner with the highest points scored 1039, then CLOSE THE GAP P/S with 801 points and others followed. That moment sent both the pupils and teachers into celebration with joy and ululations.

Speaking after the St. Agnes team had been announced the winners, Mr. Eddy Kiwanuka, one of the trainers said that the pupils had put in a lot of effort in preparation for the competition. He expressed his pride in the team, noting that despite the short training period, the pupils were determined to

do their best.

Ms. Nakato Prossy, one of the teachers in charge of MDD at St. Agnes, also expressed her gratitude for the victory. She explained that she initially felt uncertain because the training had started a bit late, but she was impressed by the pupils' performances and their ability to emerge the best.

Another teacher in the MDD department at St. Agnes, Ms. Namisango Consolata, praised the participants for cooperating with her and doing what was expected of them throughout the preparations. She expressed her pride in the MDD team and wished them the best at the Regional-Level.

Namaganda Joldine, one of the participants, described the competition as being very tough. She said that she managed to overcome her fears and continued with the struggle until the end. Her experience demonstrated courage and determination that helped her team to succeed.

The district achievement is yet another achievement for St. Agnes CGBPS and a clear sign of the school's commitment to nurturing learners beyond academic excellence. The school looks forward to exhibiting another remarkable performance even at the next level. (Regional-Level).



Creativity and confidence in the traditional folk dance.



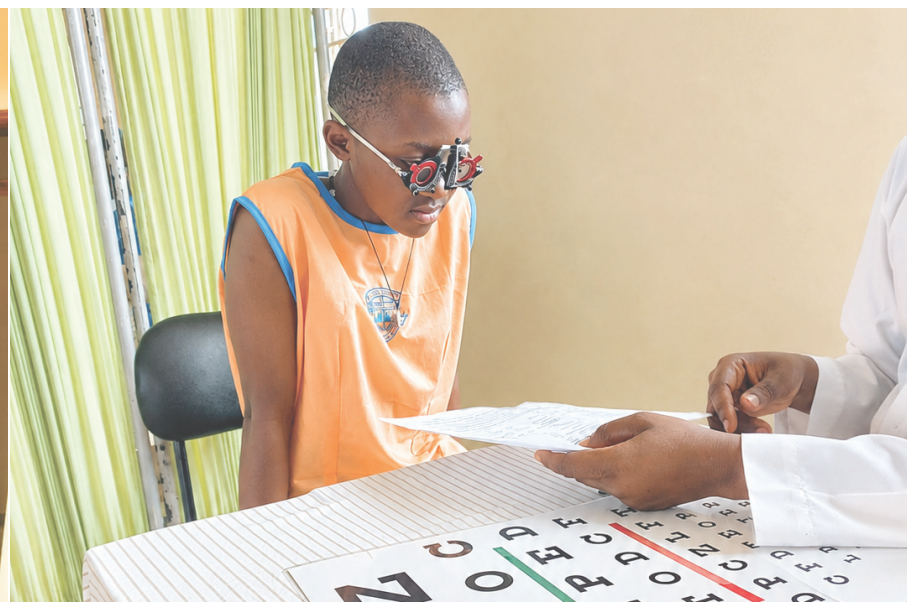
Pupils showcase talent in drama.

ST AGNES HOLDS A ROUTINE MEDICAL CHECKUP TO PROMOTE PUPILS' HEALTH

By Maria Nalubwama, Rhina Tendo Kizito and Emmanuella Nabukenya



Pupils undergo weight and height measurements during the routine screening.



Checking sight.

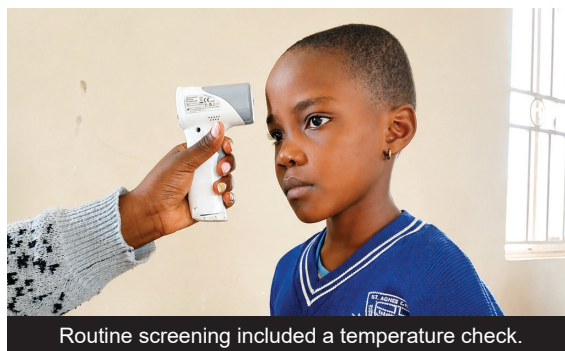
St. Agnes Catholic Girls' Boarding Primary School Naggalama (St. Agnes CGBPS Naggalama) conducted its routine medical checkup 6th June 2026 at the school main hall. The exercise, carried out by a medical team from St. Francis Hospital Naggalama, aimed at assessing the health of all the pupils and promoting early detection and treatment of illnesses.

The exercise started at 8:00 a.m. till 3:00 p.m. The pupils first filled in the medical forms before undergoing various medical examinations conducted by qualified medical personnel.

During the screening, the medical team measured the pupils' height, weight, body temperature and blood pressure. Blood samples were also collected where necessary, while some pupils were requested to provide blood samples for further laboratory tests. Those found with health concerns were referred for appropriate medical attention and follow-up.

Some members of St. Agnes media team covered this event and managed to speak to some medical personnel.

Speaking during the exercise, Dr. Musinguzi Justus emphasized the importance of regular medical check-ups. He narrated that routine medical check-up should never be taken for granted because they help health workers to detect diseases early, monitor pupils' health and ensure timely treatment.



Routine screening included a temperature check.



Medical personnel attends to pupils teeth during the exercise.

Dr. Musinguzi also warned pupils about the dangers of Ebola, noting that the disease spreads through contact with body fluids such as saliva and sweat. He encouraged everyone to wash their hands regularly, maintain good hygiene and report any unusual signs of illnesses immediately.

Dr. Peter Mutebi, the dentist educated the pupils on proper dental care. He explained that teeth are important for the physical breakdown of food and he advised the pupils to brush their teeth at least twice a day, reduce sugary foods like; sweets chocolate, biscuits and seek dental care whenever they experience tooth problems.

The deputy head teacher who supervised the medical check-up thanked

the medical team from St. Francis Hospital - Naggalama for their professional service and reaffirmed the school's commitment to safeguarding the health and well-being of every learner.

A few pupils with whom the media team interacted appreciated the headmistress' initiative, saying that it helped them to understand the importance of regular medical check-ups and maintaining good personal hygiene. The media team interviewed some pupils about the exercise and this is what they said;

DENTAL CARE TIPS

- Brush teeth at least twice a day.
- Reduce sugary foods such as sweets and chocolate.
- Seek dental care when teeth hurt or feel unusual.

PUPILS' VOICES

PAZU KAIZER

The syringe looked somehow scary but the nurse was so nice that she calmed me down. She worked on me and I felt a little pain on pricking my finger.

NAKITTO RAHMA

I will always remember that our parents and the headmistress, Rev. Sr. Rose Basemera have loving hearts. They make sure that the medical check-up is always carried out termly so as to maintain our good health.

PRIMARY SEVEN GIRLS-2026 CELEBRATE A MEMORABLE LEAVERS' PARTY IN STYLE

By Emmanuella Nabukenya, Esperanza Nnamulondo, Frances Kahuukya and Grace Nalubwama



Some P7 girls cut the cake with their teacher to mark the final stretch of their seven-year Primary Journey.

The Primary Seven girls of St. Agnes Catholic Girls' Boarding Primary School-Naggalama (St. Agnes CGBPS), held a colorful and memorable Leaver's Party on Saturday' 30th of May 2026, marking the beginning of their journey towards the Primary Leaving Examination (PLE).

The day began with the celebration of the Holy Mass, in keeping with the school's tradition of seeking God's guidance before every major event. Afterwards, the candidates decorated the school main hall before the day's celebrations.

The candidates later gathered for a special breakfast, where they were served with

chapati, eggs, bananas and some other refreshments that everyone enjoyed. After that good moment, some fellow candidates entertained the rest with mimes, dances and other performances.

One of the main highlights of the day was the candidates' elegant appearance. Dressed in colorful and fashionable outfits, the girls confidently posed for photographs at the Freedom Square, creating memories they will cherish for years to come. They (girls) later returned to the main hall for speeches, various entertainment and lunch. Their lunch consisted of matoke, rice, chicken, meat and soft drinks.

The celebration continued into the afternoon as

the girls changed into different dancing outfits since it was the session for dance and various kinds of entertainment. Their confidence, smart appearance and cheerful smiles reflected the excitement of reaching this long-awaited day as well as the final stage of their seven-year primary school journey.

Addressing the candidates, Ms. Nankya Florence, their former Primary Four English teacher, reminded them that while the celebration was important, it also marked the beginning of the final preparations for the PLE. She encouraged them to remain disciplined, hard-working and believe in their ability to succeed. The former Head Girl, Namuddu Gloria Marie, also inspired her

fellow candidates with words of encouragement. She urged them to stay focused, remain disciplined and combine hard work with prayer as they prepare for the final examinations.

Generally, the leavers party was more than just a celebration, but it was a memorable occasion that strengthened friendships and motivated the girls to face PLE with confidence, determination and hope for success. As the class of year 2026, embarks on the final stretch of its final primary education journey, the school community wishes them the very best in the forthcoming PLE.

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Some of the candidates shared with the St. Agnes Media team about the day's celebration;

Namatovu Vivian

described the day as unforgettable, saying that the delicious meals and excellent hospitality made her feel like a special guest.

Nakajjigo Joylane

said that the celebration gave her a chance to relax and forget pressure of the forthcoming examinations before returning to a more serious revision with a renewed determination.

Nakayiza Amber Rose

expressed her delight at wearing makeup for her very first time and said that she enjoyed every moment of the celebration starting from the beautiful outfits to the meals, music and dancing.

Kenleigh Madeleine Alowo

thanked her parents for providing her such elegant outfits. She also expressed appreciation to her teachers and all the stakeholders for their continuous support and encouragement throughout the primary level.

Nakayiwa Jeirah

said that the party helped her to forget the stressful classwork for a while. She thanked the Headmistress, Rev. Sr Rose Basemera, for the love, care and the unwavering commitment to the pupils' welfare and ensuring success of every learner.



P7 girls pose for photographs at Freedom Square.



Another colourful group portrait captures the celebration.

ST. AGNES MARKS ANNUAL MISSIONARY CHILDHOOD SOCIETY CELEBRATION WITH FAITH AND CHARITY

By Mary Nalubwama and Ruth Nakato

Members of the Missionary Childhood Society (MCS) of St. Agnes Catholic Girls' Boarding Primary School – Naggalama (St. Agnes CGBPS), joined fellow Christians in celebrating the Missionary Childhood Society Annual Feast Day on Sunday, 12th July 2026, St. Joseph's Gardens – Naggalama Parish.

The celebration began with the Holy Mass at 10:00 a.m. led by Rev.Fr. Ignatius Ndawula, the Parish Priest of Naggalama Parish. Dressed smartly in their MCS uniforms, the children participated actively in the procession and throughout the Mass, demonstrating their commitment to value of the Missionary Society.

After the Mass, schools presented their financial contributions to support the less privileged children. St. Agnes CGBPS contributed UGX 360,000 while St. Joseph's Mixed P/S contributed UGX 420,000 and St. Ponsiano Ngondwe P/S contributed UGX 100,000. Several other schools made contributions, highlighting the spirit of generosity.

About 1:15 p.m., participants for group photographs before attending speeches from the invited leaders. Hon. Nassolo Pauline, President of MCS – Naggalama Parish and Hon. Babirye Catherine, President of MCS of Lugazi Diocesem encouraged members to remain to the three key principles, that is to say;

- Pray for those in need
- Preach the word of God
- Share with the needy from what you have



Pupils participate in the annual celebration at St. Joseph's Garden - Naggalama Parish.

Hon. Babirye urged members to trust in Christ in everything they do, noting that faith is the foundation of success.

Hon.Nassolo also shared her personal experience of how she became the Parish President, explaining how she overcame fear through God's guidance and she encouraged children to serve others with courage and dedication.

The celebration concluded with a shared lunch of rice and chicken at around 2:15 p.m. This provided an opportunity

for the members to interact, strengthen friendships and celebrate together.

The St. Agnes MCS members expressed joy at taking part in the celebrations and they extended their sincere appreciation to the Headmistress, Rev. Sr. Rose Basemera for her continuous support of making the event very successful.

THE THREE PRINCIPLES

- Preach the word of God.
- Pray for those in need.
- Share with the needy from what you have.



Children pay attention to God's word.



Main Celebrant Fr. Ndawalu Ignatius giving his sermon.

121 ST. AGNES PUPILS SHINE IN NATIONAL MATHEMATICS CONTEST

By Laurine Iumba

A total of 121 pupils from St. Agnes Catholic Girls' Boarding Primary School (St. Agnes CGBP/S) have been awarded Certificates after successfully completing the 2026 National Mathematics Contest making a great outstanding academic achievement for the school.

The school initially registered 146 candidates for the first paper which was conducted on Saturday 28th March 2026, where by 121 pupils qualified for paper two. The paper two was done on Saturday 27th June 2026. The finalists included mainly Primary Seven pupils together with some learners from Primary Six. All the 121 candidates successfully completed the second paper and were awarded certificates in recognition of their good performance.

Among the outstanding performers was Kenleigh Madeleine Alowo, who emerged as the overall best at St. Agnes CGBP/S Naggalama, she was followed by Khabuya Winnie, Namuddu Gloria Marie, Babirye Ketra Catherine, Nantambi Prisca



Some of the participants showing their certificates of Merit awarded.

Nabayego Leah Mirembe and Kwagala Louise Frances. All these pupils got remarkable results in the contest.

In an exclusive interview, Mr. Otukol Wilber, the Head of the Mathematics department, congratulated the pupils for their dedication and determination. He explained that the National Mathematics contest plays a vital role in developing learners' interest in Mathematics while strengthening their critical thinking, logical reasoning and analytical skills.

He added that the contest promotes academic competition among learners from different schools across the country and helps teachers to identify and nurture mathematically gifted pupils.

Mr. Otukol finally expressed his appreciation to the Headmistress, teachers and parents for their support and encouragement, which enabled the pupils to participate successfully in the national competition. He urged the learners to continue working hard and embrace mathematics

as a subject that develops problem solving skills essential for their future education and careers.

Background information

The Uganda Mathematics Society (UMS) is a professional organization dedicated to promote the teaching and learning of Mathematics in Uganda. Every year, the society organizes the National Mathematics Contest, a national wide competition that brings together pupils from Primary schools across the country to test their mathematics

knowledge, logical reasoning and problem-solving abilities.

The competition is conducted in stages, beginning with the first paper, pupils who perform well qualify for the next stage where they are given a more challenging paper. The National Mathematics contest aims at developing learner's interest and confidence in Mathematics while encouraging creativity, critical thinking and analytical skills.



Some of the participants receiving their certificates of Merit from the Headteacher Rev. Sr. Basemera.

WHY THE CONTEST MATTERS

- CRITICAL THINKING
- LOGICAL REASONING
- PROBLEM SOLVING

"The National Mathematics Contest helps learners build interest and confidence in Mathematics while encouraging creativity, critical thinking and analytical skills."

PRIMARY SIX PUPILS CONFIDENTLY SIT DIOCESAN RE EXAMINATION

By Nnamulondo Esperanza and Nabukenya Emmanuella

The Primary Six pupils of St. Agnes Catholic Girls' Boarding Primary School (St. Agnes CGBP/S) sat Diocesan Religious Education Examination on 10th July 2026.

The pupils that were well prepared by the Deacon Faustine Ndahiro, who had been explaining to them the content of the course and guided the learners very well through the revision process did a great job. He was assisted by Mr. Orikot Timothy in preparing them. The pupils were advised not to worry and panic during the exam because it is a normal paper like any other they had always sat for.

On the day of the examination, the paper arrived as expected and the pupils found it manageable. They prayed together before the examination and most of them were amazed by the questions. They were not as hard as they had earlier thought. Although some girls were challenged, they said that the experience refreshed them up.

St. Agnes media team talked to the Deacon and this is what he had in store for us;

I thank God for the successful exercise and he also mentioned that he was grateful for the opportunity and trust given to him to support the learners through their course of revision.



Some of the participants sitting the RE exams.

Some pupils also added their voices as recorded below

Nabagereka Elizabeth said that the paper was a walkover and praised the teachers who taught her RE. She said she expected very good results.

Namaweje Nirvana said that she was grateful to Rev. Sr. Rose Basemera for giving them the opportunity to compete with other schools in the RE exams. She said that she was sure the outcome would be amazing because she did the paper to her best.

Kisa Joella said that at first she felt nervous but after going through the paper, she developed confidence. She felt happy and relaxed, hoping to achieve very good results sooner rather than later.

HONESTY; A FOUNDATION OF A BETTER COMMUNITY

By Theresa Precious Ariso

Honesty is one of the greatest values a person can have. It builds trust, strengthens friendship and creates peaceful communities. Whether at home, at school or in society, telling the truth and doing what is right earns respect and helps us become responsible and good citizens.

At school, honesty is shown in various ways like telling the truth, admitting our mistakes, returning lost property to the owners, completing our assignments and refusing to cheat in examinations. Honest pupils gain the trust of their teachers, classmates and parents because they can be relied upon to do the right thing even when no one is watching.

For many people, honesty is also a spiritual value. It reflects integrity and a sincere desire to live according to God's teachings. Being truthful and

trustworthy helps us to build a strong relationship with others and gives us peace of mind.

Dishonesty, on the other hand, often leads to disappointments and broken trust. Telling lies, cheating and deceit can damage friendships, creates conflicts and makes it difficult for others to believe in you. When trust is lost, it may take long to be rebuilt or may never be rebuilt in some people. That's why honesty is one of the most important qualities everyone should uphold.

Our parents and teachers encourage us to be honest because they know that a good character is just as important as academic success. A learner who is faithful, respectful and responsible is well prepared not only for school but also for the life beyond classroom.

Each one of us has the power to make our school and community a better place by choosing

honesty every day. When we speak the truth, keep our promises and treat others fairly, we inspire those around us to do the same. Small acts of honesty can create a positive effect that binds people together which will promote peace and respect.

As the old saying reminds us, "Honesty is the best policy," by choosing honesty in our words and actions, we shall build a stronger friendship, earn trust of others and help create a happier, more united community where everyone can thrive.



ST. AGNES COMMEMORATES UGANDA MARTYRS DAY

By Emmanuella Nabukenya and Priscilla Talwiisa

The St. Agnes Catholic Girls' Boarding Primary School-Naggalama (St. Agnes CGBP/S) joined the rest of the country men and women in commemorating Uganda Martyrs' Day on Wednesday, 3rd June 2026, during a public lecture held at the school's Freedom Square.

The event was organized by the SST department to help learners understand the history, faith, courage and sacrifice of the Uganda Martyrs who fearlessly gave in their lives for Christ. It is also aimed at inspiring pupils to remain faithful to God and uphold Christian values.

The celebrations began with a Holy mass, which was led by the parish priest Rev. Fr. Ignatius Ndawula. During the homily, he reminded learners that the Uganda Martyrs remained faithful to God despite their severe persecution. He encouraged pupils to imitate the Martyrs courage, obedience and strong faith.

After mass, Mr. Okurut Samson, the Social Studies Head of department, who was also the guest speaker during the public lecture, explained the history of the Uganda Martyrs and reflected on the Lugazi Diocesan theme that says;

***"Oh Lord, Let Me See Again,
I Your Pilgrim of Hope"***

Mr. Okurut Samson informed the learners that twenty-two (22) of the Uganda Martyrs were Catholics while twenty-three (23) were Anglicans. He further explained that the martyrs were executed on the orders of Kabaka Mwanga II because they refused to abandon their Christian faith.

He also highlighted on the life of St. Ponsiano Ngonde who was born in Bulimu, Mukono district and was martyred for his faith in God. He noted that many of the Uganda Martyrs were killed at Namugongo which remains the most important pilgrimage site.

The talk concluded with a reminder that 3rd June annually is observed as a public holiday in Uganda to honour the heroic sacrifice of the Martyrs and encourage Christians to remain steadfast in their faith. The celebration enriched the learners' knowledge of Uganda's Christian heritage and inspired them to



Pupils take brief notes about the Uganda Martyrs.

LEARNERS SHARE THEIR OPINIONS

emulate the commitment and faith of the Uganda Martyrs.

Nakafero Edina

The celebrations taught her never to give up on her dreams. She explained that the inspirational messages about the martyrs encouraged her to remain determined and to persevere through every challenge she may face in life.

Namugenyi Angella

The event reminded her that being brave and faithful for what is right, is not always easy but it's the right path to take. She said that she was inspired by the example of the Uganda Martyrs and pledged to remain courageous and defend her faith by doing what is right no matter what may come her way just as the Martyrs.

Navuga Ackline

She will always emulate the Uganda Martyrs by following their example of faith courage and commitment to Christ.



Head teacher and teachers attend the public lecture.



The deeds of the Uganda Martyrs attract pupils attention.

MORE THAN JUST A SCHOOL; *A Place We Proudly Call Home.*

By Samantha Pande

Every school has something that makes it unique. Some are known for their excellent academic performance while others are remembered for their beautiful surroundings or the care they offer to the learners. Our school is special because it is more than just a place where we learn, but a community where pupils feel safe, valued and inspired every day.



A BEAUTIFUL ENVIRONMENT

The first thing you can easily notice is the beauty of our school environment. Tall trees with good canopy that provide cool shade during the sunny days, the tarmacked and paved pathways and well-maintained grass that keeps the school pretty neat and erosion free. The clean classrooms and attractive buildings create a welcoming atmosphere where learning becomes enjoyable.

A SAFE PLACE TO LEARN AND PLAY

Our school also places great importance on safety. A strong perimeter fence surrounds the compound, giving pupils a secure place to study and play. This safe environment allows learners to focus on their education with confidence and peace of mind.

CARING TEACHERS, LASTING VALUES

My school truly stands out; our teachers are caring, dedicated and always willing to guide us. They not only teach academic subjects but also instill important values as honesty, respect, discipline and responsibility. Their pieces of advice help to shape us into better learners and responsible citizens.

SUPPORTIVE LEADERSHIP

We are also privileged to have a supportive headmistress Rev. Sr. Rose Basemera who works hard to ensure that all pupils' needs are considered. The school provides a nurturing environment where everyone is helped to grow spiritually and academically.

DISCIPLINED AND UNITED PUPILS

Another source of pride is our disciplined and hard-working pupils. Pupils respect one another, take care of each other and work together to promote a positive school culture. This spirit of cooperation makes our school a happy place where friendships flourish and everyone feels at home.

A TRUE HOME AWAY FROM HOME

Not forgetting the mighty supportive staff and supportive leadership and responsible pupils amongst us, all these qualities make our school a place where knowledge, character and dreams grow every day. The motherly matrons in the dormitory who make sure we sleep safe under our mosquito nets to avoid mosquito bites and guide us well on how to maintain personal hygiene. Indeed our school is more than a place of learning, it's a home away from home.

FAILURE TO PREPARE IS PREPARING TO FAIL

By Precious Paula Nabasirye

Examinations are an important part of every learner's academic journey, but success does not happen by chance. It's a result of careful preparation, consistent revision and a positive attitude. Every pupil has the potential to perform well, provided they develop good study habits and remain committed to learning.



PREPARE EARLY, SUCCEED EASILY

Preparing for exams begins before the examination day. Revising notes regularly helps pupils to recall what they have been previously taught and it strengthens their understanding of different concepts. Instead of waiting until the last minute, successful learners make revision a daily habit, giving themselves enough time to master difficult topics.

ASK QUESTIONS, GAIN CLARITY

Another key to success is asking questions. Whenever pupils don't understand a lesson, they should confidently seek guidance from their teachers or classmates. Asking questions not only clears the confusion but also builds confidence and helps the learner to remember concepts that they might have forgotten. As the saying goes, "The one who asks the question learns something new," this is quite crucial.

DISCIPLINE TODAY, SUCCESS TOMORROW

Discipline also plays an important role in academic excellence. Pupils who attend classes regularly complete their assignments, manage their time wisely and avoid distractions, are the ones well prepared for exams. Hard work and determination always produce better results than last minute cramming.

PRAY AND WORK HARD

In most occasions, prayer is an important source of strength but with hard work and encouragement. Alongside diligent revision, consistent effort, seeking God's guidance and being a disciplined child all lead to success during the examination seasons and throughout life.

PRACTICE MAKES PERFECT

Above all, constant practice remains the secret. Doing different past papers, revising regularly what you have been taught and carrying out extra research, and reviewing lessons help pupils improve their skills and prepare them to face examination challenges and lifetime challenges too.

"Practice makes perfect." Continue to inspire learners in schools all over the world.

As examinations draw closer, let every pupils remember that success is earned through preparation, perseverance and willingness to learn. With discipline, regular revision, the courage to ask questions and confidence in their abilities, every learner can achieve excellent results.

After all, the best way to succeed in examination is to prepare in time.

OUR ENVIRONMENT OUR RESPONSIBILITY

By Patricia Racheal Namukwaya

Every small action makes a big difference” The environment is our greatest gift. It includes everything around us, living things such as; people, animals, birds, insects and plants. Non-living things such as land, water, rocks, air and many other things that support human lives.



The environment is very important because it provides us with the things we need to survive. Plants give us food like fruits, roots and some stems which are eaten. The land gives us space to build homes, schools, hospitals churches, mosques roads etc. without a healthy environment, life would be very difficult.



Since the environment is very valuable, everyone has a responsibility to protect it. We can do this by planting more trees and grass to control soil erosion, conserving forests, wetlands, ponds rivers and lakes that supply water to people, plants and other animals.



We should also keep our environment clean, avoid dumping rubbish into water sources, disposing of wastes everywhere, avoid cutting down trees carelessly and over cultivating the land as these activities may damage the environment.



Protecting the environment is not only the government's responsibility but also every individual's responsibility. Small actions such as planting trees, disposing of wastes properly and conserving natural resources can make a big difference.

When we work together to protect the environment, we preserve nature for ourselves and future generations. A clean and healthy environment leads to healthier people, animals, better farming and a brighter tomorrow for everyone. Let us play our role in protecting the environment because our future largely depends on it.



TOGETHER WE ACHIEVE MORE; THE POWER OF TEAMWORK

By Melissa Noela Atwijuka



If you want to go fast, go alone, but if you want to go farther, go together. This saying perfectly explains the importance of teamwork in our communities.

At school, teamwork begins with simple acts of kindness like; helping a classmate, sharing ideas, caring for one another and working together during classwork activities all create a happy and productive learning environment. No one succeeds alone. Every pupil has something valuable to contribute.

When people work as a team, different tasks become easy and manageable. Whether pupils are cleaning the compound, completing a class project, revising for an exam or taking part in sports, cooperation enables everyone to achieve better results. The team members encourage one another, solve problems together and thereafter celebrate success as one family.

On the other hand, working alone all the time can be challenging. It may take longer to complete tasks and some goals may never be achieved without the support of others. Team work, teaches us to respect different opinions, communicate effectively and appreciate each other's strengths.

As children of God, we are also called upon to love, care for and support one another. When we live and work in unity, we show kindness, build strong friendships and create a peaceful community.

Indeed teamwork is a valuable life skill. By helping one another and working together, we make our school a better place and increase our chances of success. Together we can achieve better than we could when we work alone

THE HONEST FRIENDS

By Ronnah Nantale



Honest friends are like a burning candle that leads you to success. However not all friends are trustworthy some are never worth having as friends. Not every friend will tell you the truth, some will laugh at your jokes, some will genuinely clap you when you're winning while others will hang on you because of their plan Bs. Keep moving and keep winning, the sky won't be the limit for you, not even the hater won't pull you down as long as your loving God is by your side and He will always stand in for you. Trust is in the Lord your creator; the good friends will always show up for you and will always be frank with you.

Honest friends will tell you the truth no matter what. You take it in the hard way but they say it all from the heart. Not to bring you down but to make you a better version of yourself.

When you find such a friend or friends, hold them dearly and don't you let them go. The world needs more of such hearts. When I imagine a world with dishonest people, I feel it would be the worst to live in. God should change every person's heart to be better human beings for themselves and their neighbors. It's the only way the world will be a better place for you and me

ST. AGNES OFFICIALLY LAUNCHES A NEW PLAY CENTRE

By Mary Nalubwama and Kevin Mubolwa

Excitement filled St. Agnes Catholic Girls' Boarding Primary School – Naggalama as the school officially launched its newly renovated children's play Centre on 22nd June 2026 at 4:15 p.m. The colorful playcenter was opened to provide pupils with a safe and enjoyable place for recreation and relaxation during their free time especially in the evening after classes.

The launch was marked by the joyful participation of Primary one pupils, who became the first learners to experience the new swings. Their laughter and excitement symbolized the official opening of the project that had for long been anticipated by the school community.

The idea of rehabilitating the playcenter had earlier been announced by the head teacher on the school assembly which left many pupils eagerly waiting. At first, some thought it was only rumors, but as the construction began, excitement spread through the school. Pupils eagerly discussed how the finished play center would look and wondered whether it would be used by only the lower classes or the entire school.

When the renovation of the center was completed, the teacher in charge, Ms. Namugerwa Mary, introduced a timetable to ensure that every class would get the opportunity to use the facility. However, the Primary Seven candidates were temporarily excluded so as to give more time for them to concentrate on their forthcoming Primary Leaving Examinations. (PLE) Although they were initially disappointed, the headmistress Rev Sr. Rose Basemera assured them that they would enjoy full access to the play center after completing their PLE.

The pupils welcomed the new development with great joy and appreciation. They expressed their gratitude to the Headmistress for her vision and commitment to improving the school environment.

St. Agnes media happened to interact with the teacher in charge of the play centre, Ms Namugerwa Mary about the values of a playcenter in our school and this is what she shared with us;
Nakaluuba and Buteeme Keira



Pupils enjoying the new swings during the official launch.

The play center is expected to promote physical fitness, social interaction and overall wellbeing of the learners. It stands as another milestone in St. Agnes CGBPS, committed to providing a holistic education that nurtures both academic excellence and the health of every child.

PUPILS SHARE THEIR JOY

said that they had a wonderful time on the swings and described the day as one of their happiest moments at this school.

Maria Stella and Elisha Kavuma said that they loved the swings because they were enjoyable and made their evening more exciting and relaxing.

Aturinda Marylin and Namiya Redemptor expressed their happiness saying that they enjoyed the swings because they gave them a chance to play, have fun and socialize more with their friends.



A safe space to play, learn and grow while building healthy minds in healthy bodies.

SPORTS

Relay Race

Sparks Excitement During Primary Four PE Lessons

By Emmanuela Nabukenya and Mary Nalubwama

The Primary Four Green of St. Agnes Catholic Girls' Boarding Primary School Naggalama enjoyed an exciting Physical Education (PE) lesson on 6th August 2026. The session combined fun, teamwork and fitness, giving learners an opportunity to develop both their physical abilities and social skills. The PE lessons began with a series of warm-up exercise to prepare the pupils for the day's activities under the guidance of the instructor Rev. Sr. Josephine Asekenye, the learners participated in jumping, clapping, stretching and other physical exercises designed to improve flexibility and reduce the risk of injury before the race began.

After the warm-up session, the instructor explained to the learners the rules of the relay race and asked the pupils some questions to ensure that everyone understood the guidelines of the game. The learners were then divided into their respective houses while the officials were selected among the learners to supervise the competition and ensure fair play.

The relay races were conducted in an atmosphere of excitement and healthy competitions were conducted. Every team displayed determination, discipline and teamwork as they competed for victory.

St. John House emerged as the winner of both the first and second rounds after demonstrating excellent coordination and speed.

The activity was supervised by the two teachers, Ms. Nabawanda Cecilia and Ms. Musiimenta Carol who guided learners throughout the lesson and encouraged them to participate actively while observing the rules of the game.

Besides enjoying the competition, the pupils learnt valuable life skills. They discovered the importance of obeying game rules, working together as a team, respecting opponents and remaining disciplined during sports activities.

They also learnt regular physical exercise keep the body healthy improve fitness and promote good health. At the end of the lesson, the best performing team was announced and warmly applauded by both teachers and fellow learners. Although the pupils were tired after the energetic activities, they expressed happiness and satisfaction with the day's experience.

Speaking after the lesson, Rev. Sr. Josephine encouraged the learners to always participate actively with love in PE lessons because it strengthens the body, builds confidence, teaches teamwork, discipline and perseverance.



Participants receive guidelines before the start of the race.



Pupils in action during a warm up before the PE relay race.



Energy and skill at the start.



WHAT OUR LEARNERS SAY



Nakanjako Nicole said that she enjoyed the PE lesson because it was both fun and educational. She explained that they relay race taught her the importance of teamwork, discipline and following instructions.



Nabulya Mary said that the lessons helped her to improve on her running skills and physical fitness. She noted that working together with her teammates made the competition exciting.



Arinda Lisa said that the PE lesson was enjoyable because it allowed learners to exercise, play and interact with one another. She explained that she learnt the importance of obeying the rules of the game and respecting fellow participants.